



# Wayshowers Philosophy<sup>sm</sup>

*RISE* - Spiritual Theme of the Month

December 2022

**LEAP:** Accessing my power begins with belief-in-myself; not only who I am, but what I am. It begins there. From there, the power to achieve, advance, and take action, for what I have come to do, comes forth. There is a price, however. The “price” is that I must release the idea of going backwards. It is a commitment, a *leap* I take. The “*leap* I take,” is not a leap-of-faith, it is the *leap* forward. That is my focus, my desire, my need . . . “forward.” It is both a spiritual and material elevation. My consciousness is designed to do this. I just need to let it. So indeed, forward I *leap*; I accept that I am the one who is responsible for me and that I am here to build myself in consciousness.

**BRIGHTEN:** I know what to do, when, where, and why to do it. Sometimes I even have insights on **how** to do it. But the facts are, I know, when I feel dark, that I must *brighten*; I must allow myself to shine again. It sounds so simple and obvious, but easily can I dwell in things less than my potential. There is always some important . . . “excuse,” to stay down & dull. It can be an overused term, but it still resonates. *I must be here & now*, in order to do what I have come to do. Otherwise, I am wasting time. Fear and separation are enabled by my acquiescence in darkness (inside). “*Brighten* up, lighten up,” my guidance chimes. That is their way of saying, join us, we are right here . . . just follow the lights.

**EXPAND:** I open myself and something wonderful happens, Spirit and the Universe come in. Or to say it another way, I expand into spirit and the universe. That is what life is all about, *expand, expand, expand!* “*Life is expansion. If we stop progressing, technically and spiritually, we are not truly alive.*” Every time I truly learn (and grow) from my experiences, I outgrow a little part of planet earth. In other words, I become more one-with-it. I *expand* because I am incorporating the essence of the lesson; the need gets fulfilled. Because of that incorporation, I grow in consciousness. This is exciting stuff: living life from the viewpoint of an evolving soul, and the need for learning & growing. Now I see all my situations as opportunities. So, what am I waiting for . . . **3, 2, 1, GO!**

**CLIMB:** There is actually little effort in moving up spiritually. It is more about *removing* limiting concepts and ideas that hold me down. That is where much of the growing pains are. There is an old saying: “The poor, are rich in concepts.” If I am ‘rich’ in limiting ideas, I will be ‘poor’ in funds, relationships, and body. Here is an example: there is a difference between judging and evaluating. “Evaluating” is necessary in order that I find my own direction. “Judging” is not necessary and my direction ends up getting chosen for me. One is unlimited and allows me to *climb* higher, the other is limited and just digs a hole. If I find myself in a hole, then I simply need to stop digging and *climb* out. Ironically, it is the “*climb*” where I start releasing limitations. “*Fall seven times, get up eight.*” No waste, no limitation.

**CHEER:** For the things I like and the people I enjoy, it is easy to cheer. But how often do I have that same feeling for myself? Do I *cheer* my little victories or my completion of my daily routines? I can get bored when I lose sight of what I am accomplishing. It is not too difficult to discern; is there sadness, depression, or apathy, around me? I did not come here to play in limbo (or confusion). I am here too free myself! I then apply this feeling of exuberance to all I meet and all I do. Nobody, or nothing, can keep me down or make me feel bad. That would require my consent, but I shall not give it. So, whether I experience a life change, “suffer a loss,” or simply fall down, I will *rise* again . . . I shall always *rise*, ever higher.