



Wayshowers Philosophysm

WHOLESOME - *Spiritual Theme of the Month*

June 2021

SOLITARY: I am actually here for a very simple purpose — to grow in consciousness; to evolve spiritually. It is the process of becoming one-with-all. But, there is no one that can raise my state-of-consciousness for me. No one that will evolve me. I can get ‘confused,’ however, when I think someone is going to ‘take-care-of-me.’ This is a very dangerous game to play. In truth, *no one can construct for me the bridge upon which precisely I must cross the stream of life, no one but me, myself, alone.* In other words, this is my *solitary* responsibility; something that I cannot delegate. Once I fully accept this, life becomes simpler. As a matter of fact, it becomes easier and I even attract help. That might sound a little contrary, but it is true. When I accept my part, and do it, I suddenly open myself to all kinds of opportunities where Spirit, the Universe, and people can truly assist me. It is yet another form of spiritual gravity; like attracts like. That is, when I start doing my responsibility, the attraction begins. Even though wishful thinking is nice, it is acting with intention & feeling where wishes really come true.

BENEFICIAL: It is important that I am inspired and that I stay inspired. After all, it is my ‘guide,’ and even allows me to share what it is like to be working with Spirit — “Teamwork with Spirit is being moved by “inspiration” toward “success.” Everything that is *beneficial* to my spiritual evolution, my purpose, is my business. It is essential. Everything else amounts to levels of ‘preferences’ which will come and go; they are things that I may enjoy and work with, yet need not become entangled in. I work with them, not for them. To do my work here and be of service, I cannot afford to be divided or play with things (or ideas) that are detrimental. How often do I indulge in negative or divisive thoughts or habits? Do I allow other people’s fears or habits to draw me back to where I used to be? The amount of time I indulge in those things is a good measure of how far I’ve come. If I am moving in and out smoothly then I am doing pretty good; I just keep refining. If it’s rough and I am getting too dirty, then it is time to change my attitude and I release those ‘self-imposed limitations’.

CHILDLIKE: It is something amazing when I come home to the real me; when I come home to the one-with-all vibration. I am at play by doing “my work.” Nothing will stop me. And if an obstacle arises, I rise to the challenge; I go over it, around it, under it or through it . . . *I will either find a way or make one.* And when it is in the past, it is ‘in-the-past!’ I experience the *childlike* quality of loving life and jumping-for-joy just to be here. Only ignorance & fear can erode fun & fulfillment, and make me start feeling old and worn out. Nonetheless, that is not my true or real nature. Instead, I have a tremendous opportunity here! *I begin weaving and the Universe will provide the thread.* This is not about being naive. Indeed, true peace comes when I understand more about life, not when I’m ignorant. Allowing negativity or ignorance, to stay inside me, is a ‘set-up’; a self-imposed boobytrap. My part, is taking everything I feel and understand and boiling it down to basics. This allows me to see life as something simple and deep. That includes

all the so-called “goods and bads,” “rights and wrongs,” or “+’s and -’s.” I just ask myself, “Is this my opportunity or not?”

SOUND: Trust is important. It’s important because I create both wear & tear and disease when I stop trusting myself and my Helpers. Distrusting becomes a way to disrespect the process I am in — and signed up for; I start resenting or fighting things or people that are helping me evolve and grow. While I have done it, there is no need to create more tragedy in order for me to do what I’ve come to do; that’s a glorified way to say, there is no need for self-sabotage. Or to say it differently still, *I cannot be divided inside and expect to be whole*. It’s nothing short of astounding how far I can go when I have complete trust in myself and Guidance. If there are mistakes along the way, I will correct as I go. When I am trying to work off other people’s whims I have difficulties. Now to be clear, I can follow another person’s lead, but it is my decision to do so! At all times I am responsible for me, there are no excuses when it comes to this. Once I decide on a path, it is mine. Even if someone else is leading and I am following, I can “follow” and still be a leader of me. This frees me and I relax. It makes my feelings, thoughts and actions *sound*. I become healthy in my involvement.

PURE: There is a time-honored concept that helps me know how I’m doing, expressed as “That which I take with me.” This is what it’s all about, knowing what is temporary and what is my real continuity. It is a good gauge in my growth. I can ask myself — Are there things I have become possessive over that I cannot take with me? Cars, homes, money, things? How about relationships or people? Or what about the evils that have been done to me, or behavior that gets me angry or into a state of longing? If I have become possessive, rather than concerned, I won’t get too far; I will become possessed by my possessions and will not rise. The truth is, there is not much I literally take with me when I go home. Verily, the only thing I bring is what is deep in my feelings, that which cannot be seen with the naked eye. It is the core which is *pure* in me; what is clean & clear inside. Although I am just “passing through,” my time and opportunity are very important to me, and I do not want to waste them. And it is that fundamental balance which really creates the Fun & Fulfillment as well as the Accomplishment & Achievement. I know what’s important and what’s not, what I am moving toward and what I’m moving away from. Once I realize there is nothing lacking, in me, in anything, or in any one, I am free. I am *wholesome* in all I do and all I am.