



Wayshowers Philosophysm

EXPEDITION- *Spiritual Theme of the Month*

October 2020

LOVE: To reach my potential, I start by ‘tuning-into’ what I am building and where I am going. I must recognize my needs and that which best fulfills them. If I do not take this approach, it is likely I will instead bring-in unnecessary pressure or turmoil to fill the void. Am I really enjoying life? Where am I enjoying it the most? Where can I enjoy it more? It’s a funny thing, all that which I truly “understand,” I am relaxed in. Anything I do not understand invariably creates some form of anxiety or dis-ease. It is so natural to see things as an opportunity when I am at peace. Meaning, I am interested in (and sometimes particularly excited by) what’s-in-it-for-me . . . even in challenging situations. On the other hand, when I lose my big picture, I experience a roller-coaster of emotions coupled with tension. And what’s so amazing is that, regardless of how much I know, or the techniques I have mastered and have at my disposal, I will continue that pattern until I shift back into my bigger picture; until I accept and move ‘Up’ in consciousness. In short, I need to have the *love* to be free in my life. I need to be in-love, with my life and my opportunities; in-love with myself, my Helpers and the Universe. All of this doesn’t mean I avoid life’s opportunities, it simply emphasizes that HOW I go through my life is the difference between being stuck in a negative pattern versus being free to accomplish my purpose here, regardless of the circumstances I encounter. *That* is the feeling of a life’s adventure.

DIRECTION: “I only need to be organized enough to grasp my goal.” I have heard that phrase many times and yet it remains as true to me now as the first time I heard it. There are many things I can put my energy into. As a matter of fact, there are relatively few things I cannot put my energy into; there is a world of opportunity, to be sure. What’s my part in it all? What am I meant to do (or not do)? These are good questions. The fact is, My *direction* is my purpose. It really is just that simple. If I lose sight of this I will doubt my course; I will wonder which way to go. I must remember that when I feel anything less than a solid *exploration of opportunity* in my life, I am mixing up my direction with someone else’s path. I can buy into the idea that, I am meant to be involved in some complex glory-trip . . . because it surely couldn’t be as uncomplicated as, learning & growing while being of service. My purpose is my direction and my direction is my purpose. And it is all based on my feelings (not my emotions). Being “organized” is recognizing the ‘feeling,’ taking the steps to move toward accomplishment, and following through. Being well organized is having things in-place so nothing gets in the way, as well as allowing these things to help me do it better. This lets me relax inside. I then stay patient and work with a bigger picture. My time is not wasted.

TOUR: Tangents are detractors. It can be easy to be distracted by tangents, leading me away from my perfection. Or to say it another way, I can get lured into overlooking opportunities or missing my timing. This can be as subtle as skipping my routines or as convoluted as getting involved with some moral issue or cause. Either way, it is not helping. I sometimes think of it this way: I imagine having a treasure map that is leading me through amazing adventures, toward my limitless treasure; the feeling is like a vacation *tour*. Then imagine that I see something on the map that is meant to be a sign (to help me get there), and I start misinterpreting “the sign” as more important than “the treasure.” I may even forget I have a map at all! Eventually, such little tangents can mushroom into a life-long de-tour.

The difference between a “tangent” and my true journey is that there is *growth* in my innate journey; contrawise, there is no growth in tangents (only re-learning what I have already learned). Meaning, there is an energy that builds and a freshness in it — as opposed to an energy that swirls with little or no inflow divorced from any real accomplishment & fulfillment. I must become more loyal to the ‘energy,’ my energy and that of my needs (my purpose). I then recognize the difference between a journey of treasures and a slog of tragedies.

CHOICES: Amazing is the Universe; my true home and playground. Amazing is my life; my opportunity and evolution. No matter what I have made of it so far, it is mine. I am here and I can do anything I want, as long as I am willing to pay the price. These are all my *choices* . . . my choices. Not all souls have pulled themselves together to be here; I am a success for just being here on Planet Earth. Regardless of whether people are cheering me on or telling me something cannot be done, I am the one with the authority for me; I am the chosen one for my purpose. Anytime I start thinking less of myself, I am no longer in my own energy, but in someone else’s odyssey-of-fears. And that is not what I have come for. What I am here for is a mission, something simple but special. I am here developing wisdom. For my next step to a more elevated plateau I will need to bring all things to bear, in order to complete that mission. In other words, all things have been a means, to help me do what needs to be done, now. I can imagine it clearly . . . life in every breath, in every movement and action, and in the service I share. And here’s the little secret: Once I believe in my mission, I am 50% there. It’s the feeling of spirit helping clear a path, so I can make the trek easier and with more fun along the way. Never will I forget I have free-will, nor will I deny the beautiful, powerful and real opportunities in what I do and who I am. As long as I don’t make a joke out of playing the game of life, it will be my playground. I will be free to go and grow.

VOYAGE: ‘My ship may be safe in the harbor, but that’s not why I have it.’ There is something wonderful about taking the first step . . . casting off from the shore and its security. It is transformational and it leads me to the next step. I drink from that success, quenching my thirst spiritually. My self-esteem rises and my confidence builds. Before long, I am far ahead of bad habits and beyond thoughts of ‘less-than.’ I cease being a ‘problem solver,’ instead I become a “Solution Finder.” Of course I may experience some setbacks as I progress; things that seem like loss or failure to others. To me, however, they are all but opportunities, lessons leading to success (toward graduation). I am not interested in clichés, but in ‘being’ life. That means being full — Full of life, with no room for limitations. I know I will get out of life exactly what I put into it. So I work with Guidance and I recheck, How effectively am I being involved? Where is my service needed? I do not have to start anything, I am already on my *voyage*. I have been on it for a very long time. And I course-correct as I go, to reach my most distant destinations. Through Skies stormy or clear, through weaknesses or strengths, through turmoil or tranquility, I am on the greatest adventure that anyone could have. I am embarked on the *expedition* of my life . . . of me.