



# Wayshowers Philosophy<sup>sm</sup>

**BUILD**- *Spiritual Theme of the Month*

May 2020

**ASSEMBLE:** There is a key for me to be clean & clear, and that is knowing when to let go; the optimal timing to release my opportunities and roles. I need to pass opportunity on because if I do not timely give someone else a chance, I will not grow and neither will they. This is what happens when people become enamored of “outer” power — when it comes time for them to turn the power over to others, they resist — and this continues until they really have no other choice but to give it up . . . and even then they may manipulate to keep control. They forgot it was all about developing their “inner” power; claiming their own power, and both allowing and assisting everyone else to do the same. I think of it this way, if I hold-on and give with hooks, I will only be held back. Much like a ship trying to sail while dragging its anchor on the sea floor. Without question it is essential for me to take charge in my opportunities and be responsible for my decisions. That is how I stay in teamwork with spirit and the universe, while achieving my goals. I do however need to remember, it will take experiencing many roles and many more opportunities to truly *assemble* all that is needed, for me to do what I have come to do. There is no real reason to try and hold on to things that I have outgrown. Instead, I say to my Guidance, “Bring me opportunities to fulfill my goals and be of service.” The rest is fun & follow-through as I *build*.

**ERECT:** If I am going to truly believe in myself and raise my consciousness (like my Helpers), I must accept the fact that not everyone is where I am at. There is an evolution of the soul and people who are less evolved can manifest a strong habit of dismantling things and discouraging others. Perhaps they are blind to these tendencies they have or perhaps they are not, but I must bear in mind that I was there once too. From the perspective of this understanding I can say (or not say), I can do (or not do) what is needed at the right time and place. In this way I can truly accept them and respect them, as a soul, but not buy-into that destructive game of dismantling and discouraging. So, I live the universal law of, “Live and Let Live”, while maintaining strong and clear boundaries; knowing where I begin and end. It is not my ‘purpose’ to save anyone. After all, like me they are not really lost. My ‘job’, my mission, is to liberate myself from the bondages of ignorance . . . as a way-shower. I get cleansed and affirm this to myself when I feel low or lacking. My guidance come close and I feel *erect* and stronger; I tune myself straight back to my potential. This flows into my work with people — I cannot always be the proverbial ‘nice guy’ all the time. I need to get to the point. And yet, there are times for being patient and gentle. If I know “my job” and “my mission,” I will know what to do and how to do it. They will feel this and I will feel it as teamwork on which to *build*.

**STRUCTURE:** To create based on anything other than True-feelings & Facts, is like creating on a bed of sand. Not only is such a foundation unstable and shifting, but it will eventually consume me. Imagine a house without any solid core — as I pull it all together, nothing will line up. And, if I do manage to get something built, it will eventually all be under stress; one thing pulling or pushing on another. Before I know it I will be spending all my time running around and fixing squeaks, cracks and breaks everywhere. I will have developed a great excuse to blow my timing for the things I set out to do. Alternatively, with just a little good structure I can move faster and go farther. As a leader of myself, I need not rebel against

this; after all, it is to my own benefit to establish enough structure (and just enough structure) to help me fulfill my opportunity, to channel my energy, and to provide a skeleton or scaffolding for my creativity. This combination of basic *structure* and creativity, is what will put me at ease within my many various roles & opportunities. I have come to realize that all the framework and systems out there are for me to define, refine, and reinforce what is inside. Once I have all that solidified within, I am free to utilize it without turning “blueprints” into crutches or restrictions. That is the foundation that makes it possible for me to *build* freely.

**STRENGTHEN:** From time to time I must assess who I am, what I have accomplished and what I am creating; I need to regroup. It’s critical to periodically take stock and pin down what is constructive and what is destructive for me. I sometimes think of this as a boring exercise, “I know this stuff”, I may say. But because my eyes will sometimes lie to me and I may not always “see” the depth, there is still a need to return to guidance and sensitivity to firmly define where I am at. So, I review:

- + What areas do I feel High? ~ Constructive, Creative, Adventure, Initiative, Rising, etc.
- What areas do I feel Low? ~ Scattered, Separated, Dismantled, Discouraged, Weak, etc.

As I *strengthen* my commitment to positive growth, I become more and more sensitive to things I have risen above. That being said, no matter how strong I am, if I indulge in “negative” energy I will be influenced by it. I will eventually become reactive, rather than taking straightforward actions. So the adage of, put energy into what I want, rather than what I don’t want, is very important for me. I came to do great things for myself. I will achieve great things when I commit to *build* from inside out . . . everyone wins that way.

**EXPAND:** All my experiences, thoughts and feelings have a simple purpose. To help me become wisdom. That is my Spiritual Real Estate. I am here to *expand* in awareness, in consciousness, in light. It is that plain and that basic. Ironically some people try to make simple things complex. And it is interesting how others will keep things complicated rather than simplifying them. Of course, I know what this is like . . . yes, I can relate to it. But when I encounter someone who has their personal direction set and they are making things easy for me to get involved, it’s like a breath of fresh air. Their presence and aura can be seen and felt from afar. They stand out to me like a beautiful bright image bursting forth from a uniform grey canvas. I am drawn to that because it resonates with what I have inside; what I am unfolding and developing. I say this because if I can identify it, then I have it too. I make things simple. I keep things simple. And that is how I will do my work here. Not through complexities but through simplicity. Not by tearing down but by rising up. It is not just the mind where all this resides, but in my beingness and actions too. Everything within me and radiating forth from me is toward something. It is my purpose and that is to *build*.