



# Wayshowers Philosophy<sup>sm</sup>

**PURGE**- *Spiritual Theme of the Month*

**March 2020**

**RELEASE:** Through growth comes more freedom. Through evolution comes more peace. Every step forward I take, I advance. Meaning, I must leave my “last step” behind in order to continue forward. This is largely true for my evolution and growth. This is also true of life. While this may seem oversimplified, it is actually quite typically representative of what I do when I am fulfilling my purpose, within my opportunities. You see, it is my work, my relationships, my Guidance and my situations that give me opportunity. “Opportunity,” to progress and rise. If I forget that I am in a constant state of evolvement, I will hang on to the past. I will hang on to people and things. Inevitably I will become possessive. I can have many things, have many kinds of relations, and receive many insights from spirit, but if I do not have flow I will become a reservoir of dirty stagnant water. Instead I flow — I learn the lessons from what I have encountered . . . and grow in them. I *re/*lease that which holds me back and I *for*give myself for my trespasses. I emerge fresh, new and reborn. I step forward whole and complete.

**VALUE:** I do not need to suffer. Suffering is optional here. I have to want to perpetuate it, particularly if I experience it more than one time in a familiar situation. I must ask, “Am I paying attention to my feelings?” “Am I paying attention to my emotions?” If I continually put myself under pressure, I am playing a game with myself; I am not being honest & sincere with myself. It is important that I *value* my energy and my vibration. Without it I lose perspective and consequently disrespect myself. I have worn many cloths over time but have them no longer. Some did not fit, some were worn out, and others were ‘just not me.’ Similarly, there have been over time many ideas I have indulged in and processed. If however, I do not recycle or release what does not serve me, I will cheapen what I share with people. It will be like trying to wear something that doesn’t fit any more while playing with others — I will restrict myself. That is what I do when I devalue my purpose here; I get stuck in old ideas not really fulfilling my spiritual purpose. Instead, I respect my time & opportunity so I get what I need and move ahead to the future, to my next opportunity.

**SIMPLIFY:** There is a “fact” that has been twisted and manipulated through generations. It is related to possessions of the physical world. Having and working with things is part of why I am here. It is part of my creation process here. If I do not work with what is here, that is to say “Playing the Game of Life,” I am disallowing the fullness of what is available to me. It’s like being hungry and scarfing down the crumbs when I own whole cake. Instead, I enjoy what I have, while I have it. What I do need to be sensitive to is being *caught or trapped* by “things.” This is where the chains and burdens of limitation will show up. I become bound to things that are temporary and actually meant only to serve me in my service. If I find myself worried about what might happen to my material possessions, rather than having simple concern, I am caught-up in those things at some level. This is a process that everyone will go through and sometimes more than once, even again and again. It is the process of becoming one with All versus becoming stuck or confused. I am here to *simplify* my life, not to complicate it. When I fully accept that everything here is to help me be of service, I will work with them in a positive way and freely let-go when it’s time.

**ORGANIZE:** There are times when I have built up pressure or created negative habits. These patterns are easy to spot because I will not be at-ease in a majority of my situations. The dis-ease is an alarm. The moment I recognize this, it's time to *organize* and recapture what I need and want. I first find sanctuary, then mentally divorce myself from all things and people. Only my Guidance are allowed in, at the right time. I tune back into what is me and not me and what I truly need and want. This is completely without any mores. If I sense any rights or wrongs at that time I must ignore them. Once I am clear again with My Needs and My Wants, I then look, with guidance, to find ways that I can accomplish them while playing the game of society. With Spirit, I will find How to fulfill my goals in a beneficial way, beyond what the conscious mind is capable of. This is a cleansing process. It purifies the soul so my thoughts and feelings serve me. It is not always easy nor is it always pleasant. It is, however, necessary. When I bring my energy back in order, back from being spread too thin, I am alive again. My light becomes like a laser and I have fun and reward in my opportunities.

**CONSCIOUS:** I am here to love myself, otherwise I cannot truly love others. I must be true to myself, otherwise I will be false to everyone. I am willing to do what is needed to be me. And a big part of that is accepting things and people as they are. Without this moral fiber I will become full of everything but me. I am always being guided toward my perfection. It is necessary to become more *conscious* of what the spirit is communicating. Becoming aware, deeper and deeper, of who I truly am. It's like onion layers being peeled off, exposing the core. This builds the inner strength needed to climb up onto my next Plateau. Anything not part of that process is an indulgence. I sweat the toxins of Guilt, Fear and Worry out, while I build my consciousness; I find ways to use what I have for greater benefit. Anything that does not help me in both my purpose and my service needs to be looked at. I am not afraid, I am not fearful . . . I am courageous. I know what awaits me, I know where I am going. And I am willing to Purge ignorance from the Real Me . . . I am willing to be me.