



Wayshowers Philosophysm

PULSE - *Spiritual Theme of the Month*

February 2020

CONSISTENT: I am Home. I am home wherever I go and in whatever I do — within all my situations and with all people . . . I am home. I do not need anyone or anything to validate me, nor do I need anyone's approval: what someone thinks of me is not my business. Or to put it another, more profound way, *someone's disapproval, or approval, means little to me.* Bottom-line, I am here to accept myself 100%. I am in the process of making my life a *beingness*. I know who I am, I know where I came from and I know where I am going. I live in the beautiful now, gleaned from past experience, and growing as I build my future. This is me, the real me, *living life*. A, Living, Life . . . get it! With this clear, my time becomes more important to me. Specifically my *timing*. The main thing that will affect my "timing" is how steady I am. Am I *consistent* or am I inconsistent? I do not need to fear anything. I do not need to fear (period). I say this because it is "fear" that dominates the echoes which reverberate in society. The unadorned facts are however, I am going to fulfill my purpose and achieve my goals. It is simply a matter of time . . . but, I do not want to waste time. By maintaining the spirit of me, who I really am, I cannot help but be successful and accelerate in the unfoldment of my purpose. My steadiness within will be what comes out and returns to me. Not just once or from time to time, but all the time, for all time.

ALIVE: *I am in this world, but not of it.* In other words, I, am the thing that is running this body . . . not the other-way-around. I am part of a bigger picture, not captive of a small one. Everything is *alive* . . . everything is *energy*. I belittle myself when I do not accept things that way — I limit my self and create the idea of separation. What I am saying is, the simplicity of me and fulfilling my purpose is the difference between being clean & clear or being confused; being One with All or being stuck. And because I am powerful, I will build what I put my energy into, one way or the other. So it is about decision, as well as *live and let live*. Truly living, not just existing, is making a "decision" to accept and let go, "Accepting In" the ideas, people and situation which help me grow and expand, and "Letting Go" the ideas, people and situations that I am out growing. Both, sometimes, require me to let go of the ego in order to rise. So, if I find myself in the way (my ego) of my evolvment then it is time to release, or transform, that little piece of me. It is usually a "piece" that is not part of the Real Me anyway. Whatever it takes, I know I need *Involvement* to grow. For when I am truly involved, I am back in the middle of the river flowing with the current and having fun. I am drumming life into all I do.

RHYTHM: Everything I do will have a dual message of thought & feeling. When these are in harmony I am extremely powerful and my communication is clear. Maintaining my equilibrium is also important because I am constantly communicating and never really stop. That is why I need to stay in balance with my two natures (Thought and Feeling). When I communicate an organized clean and clear message, from my true feelings, it sends a powerful surge of energy ahead of me. When I couple that message with clear motives, it has a profound effect on all things; the inner and the outer get rearranged, rearranged to fulfill my mission. A "Clean and Clear Message", is expressing a need or want simply, factually and with complete sincerity. "Clear Motives", is knowing deeper what I want, why I want it and being primed for action. That is the way of Spirit, that is the way of the Universe . . . that is the way I seek. This desire needs to be stronger, more in focus, and more true than other people's habits . . . and more than my own bad habits as well. Otherwise, *my wisdom will be lost in the mountain*. I will eventually get

consumed with emotion, indifference or even manipulation — there will be a great deal of personal *wear & tear*. These are things to be sensitive to; things that are not me, that I can sometimes think are me. I am at my best when the *rhythm* between myself, Spirit and the All sounds a single united beat. It is a settled feeling of enthusiasm within . . . something people actually experience merely being around me. This is the higher form of balance that is part of the mastering process. In other words, being “one” with myself, Spirit, and the Universe, all while I am being of service; all while I am fulfilling my purpose.

VIBRATION: I do not have to prove anything to anyone. That is a waste of time. As a matter of fact, when I get caught-up in “proving myself” I am operating on a non-belief system; I stop believing in myself and my continuity. I can humbly say, that I have involved myself in many big, expensive, righteous, important, fancy, glorified . . . EXCUSES, to keep from doing what I have really come to do. It is a pattern. A vibrational pattern. No matter what the intellectual tricks may be, I will vibrate at the level I am at. In other words, if I am playing with enslavements I will become enslaved. That will be me, until I get out of that confusion. I jokingly have said, my Guidance must have a lot of patience to be working with me. On the other hand, when I am comfortable playing the game of life and realize my job within it, I will be at peace . . . and that will be me; that will be my vibration. It is not difficult to know where I am at any given time. I simply tune-in to my *vibration*: am I vibrating with my purpose and goals? Am I feeling, thinking and acting that way? If so, I keep doing that and refine it. If not, then it’s time for me to start reconnecting with the big picture — my bigger picture — What do I need to change in order to fulfill my purpose? What I invest, inside and out, must have a return. If it does not, I am in a fantasy feeding fantasies. “Wishful thinking is nice but it doesn’t help anyone.” On the other hand, I allow *ease* and abundance into my life, into my body, into my thoughts by knowing where I begin and end. Knowing when to move in and when to move out; Knowing what is me and not me. I don’t have to be perfect, I only need to be committed and willing to follow through. That is the power of evolution. That is wielding my power.

FLOW: It is time for the next level. That means appreciating everything I do as *opportunities*, not just jobs. If indeed I truly desire the “next level,” then I need to Seek it! It is not in my best interest to skimp on “opportunities” just because I am afraid of getting dirty — after all it’s not what I do, but how I do it. Conversely, I do not need to continue to *romance the past* or re-learn things just because they are familiar or comfortable to me. That which is close, in my life, needs to be supportive and fertile toward accomplishing what I have come to do. It is that simple. Cluttering myself with outer morals is a recipe for disrespect and suffering. I can be supportive and nurturing to people, but I can’t let my own needs get mired down. If I am not clear I will hold back or get sick. When there is enough respect, then I am getting what I need and you are getting what you need. The prerequisite is, both you and I need to be authentic and true to our own purposes. This allows the *flow* of spirit to pour into that teamwork. Each heartbeat and breath will radiate a clear message and energy of purpose and success. It only takes one powerful reverberation of a soul’s desire for things to begin to happen. Imagine that same power infusing every decision, every step and every touch . . . that is the pulse of freedom, the pulse of peace, the pulse of purpose. It is the pulse that beats within and out from me.