

Why a 3 Month Plan

People doing program usually start sharing because they feel good and want to let others know about what they have discovered about themselves. They have looked all their lives for an organized way to affectively share their wisdom and found one in ALC programs.

A 3-month plan helps us keep our energy directed and moving. IPM is a Spiritual Leadership program and keeping our energy directed in Spiritual Leadership. Without plans and goals moving forward is challenging. It is like wanting your car's navigation system to get you where you want to go without programming in the destination.

Francisco Coll suggested having projected goals 3 months, 6 months, 1 year and two years ahead. Even two years is short term. Your goals are the information your Inner Guidance needs in order to begin setting things up for your success without interfering with your freewill. Your goals are your 50%.

In IPM people don't attend their 1st lecture and get asked to submit a three-month plan. Through the Exploring Inner Dynamics Workshop and Group Work people get introduced, benevolently, to the idea of planning. Course 561, *Directing Life's Energy Behind My Goals* goes into the relationship between goals and personal fulfillment in the Foundations of Spiritual Development group work.

We learn in IPM that we need to have Physical and Spiritual goals. IPM 3-month plans would fall under physical goals (3 lectures, two second-night programs and start a group) and what we wanted to gain from these goals spiritually (self confidence, healing, more enthusiasm) would be spiritual goals.

ALC has a simple six-step program for each department. We need to organize to move through the six priorities. Francisco shared that the six-priorities are like having 6 ponds. The 1st pond is Orientation Lectures. As that pond is filled with water it will pour in to the 2nd pond (EID's) and as that filled it would run in to the 3rd pond (group work) and so on through all six priorities. Keeping the 1st pond full is the key to successful program expansion.

Sharing program in the community is like farming or growing a garden. You have to want to do it, then plant the seeds, then start doing it and nurture your garden as you go.

Trying to create a successful program without organizing is like engineering a desert. You will have some success, but it will be hard earned and easily blown away. Spirit can best assist you when you have clearly defined goals and a solid expansion plan.

Your 3-month plan is your way of telling spirit, "This is what I want. Now you can help me make it happen."

Thank you for letting us share.
Neal Krynski and Richard Lassiter