



Wayshowers Philosophysm

MOBILITY - *Spiritual Theme of the Month*

September 2021

FULLNESS: Acceptance of who and what I am spiritually, is the difference between success on the one hand and that which is of only physical gain, on the other. After all, what will I have when I go home? It is that acceptance which keeps me flexible enough to move freely; to do what is needed in the moment in order to accomplish my opportunity here, while being abundant in the material world. By contrast, when I play around with rejection of the real me, I become stiff, closed or limited; growth becomes painful. The fullness of life is in embracing the spirit. And when I say “spirit,” I refer to both the inner and the outer; something I can really feel, not just an idea. Unlocking my potential includes reaching my *fullness* in all the areas I am building; trying things, sometimes failing, always learning and eventually succeeding. And of course, connecting it all to my personal/spiritual growth. That is to say, making what I am pulling together for myself, a way-of-life. A key component in all this is allowing myself to expand in all my adventures, situations, dealings, and even setbacks. Up or down, left or right, it is mine to claim and mine to succeed. I must be comfortable to want and need.

FLEXIBILITY: How truly wonderful it is when I am free inside. There is a radiance from me that naturally puts things in order; like my own personal solar system of rhythm & routine . . . flowing with the universe. Often it is simply a matter of following my inspirations and following the chills I receive from guidance. Other times it's consciously making clear decisions. If I am under pressure or inconsistent this can seem difficult, if not impossible - I can experience conflict between what is inside and that which is outside. I must stay true and learn from my mistakes or trespasses. I must adapt, incorporate and become more one-with it all; it is a ‘growth’ process. Through this “process,” it is essential I do not become hard inside. Rather, the firmness in me is more about holding true to my aspirations & inspirations. And there is a real difference between being “hard inside” and being “firm” in my direction & purpose. An easy way to know the difference is, *flexibility*. My “*flexibility*” to find, and sometimes change, how I accomplish my opportunities will tell me where I am at. And of course, this includes my ability to have fun and feel happy in all my situations. That is how I know I’m truly on track.

RESPONSIVENESS: Logic and reason are important. But they are only part of the pathway. They are not an end in themselves. Much like how ‘science’ is important but in perspective no more than a means-to-an-end. Same for religion and society. All of them will become a god authority if I let them. Which is why “logic and reason” have their place, but must be tempered. Thought must be balanced with feeling and the reverse. It is not, think-think-act, it is “feel-thing-act.” If I become biased toward one or the other I will become reactive; I will react to things becoming stuck in a chain-of-events, defending myself through emotions. This becomes dynamically different when I respond, instead of react. While it may sound like semantics, my responsiveness comes from flow and when

I respond, instead of react. While it may sound like semantics, my *responsiveness* comes from flow and balance, not on account of outer forces. One way is smooth, the other is jagged. When I am first learning, or training in something, there can be challenge. But when what I am learning becomes part of me, I stop trying, or thinking, and just flow. It is at this point I am most open to letting spirit flow through me; I start experiencing what it truly means to be on a team . . . and the phrase, “Everything is going to be alright,” has greater meaning and feeling.

ADAPTABILITY: Of all the things that can corrupt or distort my idea about life, one of the most pernicious is my unwillingness to change. As I move up to new plateaus — new levels for myself — it is important I allow myself to fit-in that new state of consciousness. Imagine trying to use the heavy equipment for building a concrete foundation instead for refined work inside of the house; I would end up tearing things apart as fast as I built them. That is what can happen to me when I stop growing; I try to use old habits where new routines are now needed. I can do it, I can change. Working with people I must remember it takes time for the soul to evolve; I must be patient with my impatience. When I fully accept this inside, I actually move smoother personally and professionally. I can then refashion myself into what I have achieved, faster. My *adaptability* makes all the difference. This of course does not mean I become a human chameleon and ‘hide’ my true motives. And *adaptability* does not mean being wishy-washy either. On the contrary, I become more resilient and stronger, spiritually and physically, just by improving myself. To put it more simply, I will limit myself and work harder than necessary if I don’t change a little along the way. It is the expansion and reshaping of my consciousness that gives me a new perspective, imbuing life and opportunity with greater meaning.

MOVING: Of all things that could be considered sacred, how I feel about myself is at the top of the list. If I do not respect and believe in myself, I will have troubles. And when I say “respect” and “believe,” I’m referring to involvement. In other words, enough concern to follow-through on my spiritual purpose and goals. It is a *moving* vibration, not stilted or stagnate. It is, “being childlike, with maturity.” There is little or no resistance in this. As a matter of fact, when I am feeling resistance, it’s time to recheck if I am getting caught-up in the ‘would’ve’s, ‘could’ve’s and ‘should’ve’s . . . and of course bogged down about what is “right,” “wrong,” or “good & evil.” When I come home, there is basically what is constructive to me contrasted with that which is destructive to me. Everything else turns out to be, everything else. I can help, inspire, be an example, but I need to be cautious of ‘taking people’s opportunity away.’ In other words, there are many troubles and ideas that don’t even belong to me. I need to let them go. I am then freer to move a little up, down, left or right, to find my niche. This is not just a one-time-deal, I do this every day . . . and sometimes even between opportunities during the course of one single day. This is my part, in seeking opportunity with spirit. Being able to move freely and easily through my levels of awareness is my true *Mobility*.