



Wayshowers Philosophysm

TRUTHFULLY

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The level I feel I can express myself, in any given circumstances, is a strong measure of my progress, or lack of it. When I am at ease (at peace), I am flowing freely from the *heart*. I can say what I mean and mean what I say. Additionally, it is easy for me to communicate, in such a way, that listeners can understand it and respect it. That is because I respect them, even when I do not agree or where there is confrontation. Meaning, there is no manipulation or *trying to make* them change. I am sharing *genuinely*. As a matter of fact, if *my cage gets rattled* or I lose my cool, so-to-speak, I need to pay attention. It is telling me something. It is telling me I have confused facts with emotions & opinions (within myself). This does not mean I should be devoid of feeling, on the contrary, it means being *Crystal Clear* with my motives and feelings . . . my true-feelings. When I am out of balance, that's the occasion for my "emotions" to show up. Being emotional is the deceptive feedback from *the plastic feelings of my intellect*; what I have been *trained* to feel. The key antidote is to reestablish my inner peace. When I am back on my pivot, involved in my life, I express what is needed, to the right person, at the right time . . . and it is a healing for me personally.

There is no greater truth than my true feelings. That is why it is important to know *what is me and what is not me*. Everything else, and everyone else, will have "some" truths (this can help), but it is my responsibility to find mine for me. My *Spiritual Helpers* work with me in this way; through hunches, impressions and insights. They have the wisdom to never impose themselves on me, but rather to offer guidance. With this understanding firmly in my feelings, I stay on track toward affluence. "On track" being the operative phase — meaning *candidly* moving forward. If, however, I deceive myself (regressing into *old* patterns, negative habits or thinking someone is going to give me something or take it away), I blow my timing and waste energy.

Instead of enjoying my passage through life, I will get stuck **trying to have a life**; I keep reliving the past, walking in circles and being buffeted by currents around me. There is nothing wrong with learning and growing from people's experiences and opinions (that is basic to why I'm here), but if I start believing that others have my answers, I invite a plague of twisted interpretations to color and distort my experiences; trying to fit into the gossip rather than getting the facts. I did not come here to be a martyr, to exhaust myself fighting against the system or for a cause. I came here with a simple purpose, and that is to fulfill my contract of spiritual growth; to evolve as a Soul. There is no shortage of challenges and so-called bad things here, but they were here long before I arrived and they will be here long after I have graduated. Instead, I recognize the perfection of everything here, because I appreciate *how* I grow. I recognize the power and beauty of the many opportunities I encounter along my journey.

There is such a thing as being so sincere and honest with people that I am insincere with myself. I have realized that it is not necessary for others to know all my faults. When I 'brag' about my troubles, I'm being insincere with myself. My troubles are no one's business but my own. Do I really need all the mental therapy I receive when I start telling others about the games I play? Veritably, I will change for the better when I accentuate my positive qualities, not emphasize my negative ones.

I am willing to work with people where they're at in order to accomplish common goals, as a team. When we join for mutual benefit, my truth lines up with their truth. Without this alignment, there is nothing to work with and nothing will be accomplished (there will be no fulfillment) — our differences will then be divisive rather than an opportunity. When people can come together however, it is impressive what can be accomplished and the growth that can occur.

When I consider the past, or hear someone's past, I need to be sensitive and alert to what is actually the past and what is *Historical Fiction*. It is not difficult to get caught up in the past. That is why it is so important to regroup situations from a detached perspective; from the bigger picture. If I lose myself in someone else's perspective (or perception), *I will judge and I will get caught*. I have bought a ticket to an emotional rollercoaster, strapped-in, and taken off . . . and what a ride I can have, with multiple future rides feeding from it. So while most people mean the best and are not deceitful, I need to be cautious and alert to how much I accept their version. Or as it was said so well to me, "*Believe half of what you see, nothing that you hear, and everything you feel.*" In contrast to intellectual speculation, my true feelings will never lie to me, they tell me when something is *on* or *off*. And I must utilize my experience and wisdom to help me discern and interpret what I'm feeling. My guidance too will share insights with me, particularly when I have moved past my old boundaries and am actively finding new ones. They are my invaluable resource and connection to what is *true*. I can *accurately* and dependably define things in my life by being open to my opportunities, learning and growing in earnest, and being sincere and patient.

Within my adventures and involvements will be pieces of Wisdom I can pull together to do my job better (fulfill my purpose). Much like accumulating learning from different classes and schools, so I can graduate. In other words, as I move towards my goals, I will be fulfilling my purpose. It's in the **process** of achieving them, the ups and downs, the places & spaces, that I evolve. From time to time, I come up short of my objectives and miss some of my goals. Nonetheless, I maintain my energy while I'm engaged — *I am right, even when I am wrong, I'm right*. I can be humble but stay the course, knowing I'm the greatest. I can be frank and truthful but still accept other people's opinions. I can *overtly* follow the chills I receive from my Guidance and still use my experience and common sense. Truthfully 'being' is not difficult. Speaking truthfully is not difficult. Truthfully 'doing' is not difficult — it is easy and gentle, like water gushing forth from a spring. If I master the lessons along the way, there is nothing I cannot accomplish or achieve. By letting go of falsehoods, I will rise. True — Truth — Full — Fully . . . Truthfully.